



WILDERNESS AUSTERE MEDICINE SOCIETY MALAYSIA

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Dr Elise is an emergency physician based in Malaysia. She obtained her MBBS from University of Malaya in 2011 and completed her postgraduate program in doctor of emergency medicine from National University of Malaysia (UKM) in 2020. She is currently doing her Fellowship in the Academy of Wilderness Medicine (FAWM) program with Wilderness Medical Society (WMS).

Apart from being an emergency physician, Dr Elise also used to serve onboard cruise ships as a cruise physician. She is an outdoor enthusiast, in which she has deep interest for scuba diving. She is a divemaster under PADI (Professional Association of Dive Instructor), a technical cave diver certified under IANTD (International Association of Nitrox and Technical Diving) and vice president of AHDMA (Asian Hyperbaric and Diving Medical Association). She is one of the cave diver registered under Malaysian Cave Diving Association (MCDA). Besides, she is also trained in TCCC (Tactical combat Casualty Care) by NAEMT (National Association of Emergency Medical Technicians). While actively involved in outdoor activities, she is also an instructor by American Heart Association (AHA) in which she actively conduct courses such as Basic Life Support (BLS), Advanced Cardiovascular Life Support (ACLS), and Paediatric Advanced Life Support (PALS).



Dr Elise currently serves as an emergency physician and diving physician in Management and Science University (MSU) Medical Centre situated in Malaysia, where she heads the emergency department and handles hyperbaric chamber in the hospital. She actively teaches wilderness and life support courses, not forgetting diving-related courses. She loves to go hiking, camping, scuba diving, and caving, just so she can maintain the perfect balance between work and life and to look for mental peace.